



Quincy Farm to Market Run

Saturday September 11, 2010

Last Name _____ First Name _____

Street Address _____

City _____ State ____ Zip _____ Phone # _____

Age _____ Sex _____ DOB _____

WAIVER: In consideration of your acceptance of this race entry, I, for myself, my heirs, executors, administrators and assigns, forever waive, release and discharge any and all rights, demands, claims, for damages and causes of suit or action, known or unknown, they may have against the Farm to Market Fun Run, the City of Quincy, Grant County, Quincy Valley Chamber of Commerce and any and all participating race sponsors, and supporters and the directors, officers, employees and agents of such parties for any and all injuries in any manner arising or resulting from my participation in this race. To attest and verify that I have full knowledge of the risks involved in this race that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of the accident, illness, or other incapacity regardless of whether I have authorized such expenses and that I am physically fit and sufficiently trained to participate in this race. I grant permission to any and all of the foregoing to free use of my name, voice and/or likeness in any broadcast, telecast, advertising, and/or promotion related to this event or future Farm to Market Fun Run races.

Signature Date Parent or Guardian

Please circle your division and shirt size!

2K Division (Walker's Welcome) :

0-7 8-13 14-19 20-29 30-39 40-49 50-59 60 & over

5K Division (Runners Only) :

0-7 8-13 14-19 20-29 30-39 40-49 50-59 60 & over

Shirt Size: Adult Small ____ Medium ____ Large ____ XLarge ____

Saturday September 11, 2010
 Start Times: 2K—8:00 am (Walker's Welcome) 5K—8:30 am
The race will begin and end at Mt. View Elementary School - 117 D Street Quincy, WA 98848

Advance Registration—Register Before Sept 4th:
 \$10.00 per person \$30.00 for family of 4 (\$8.00 for each additional member)

Late Registration—Morning of Race
 7:00 am—8:00 am \$ 12.00 per person

Awards: Overall winners (male/female) in both 2k and 5k runs will receive special awards and top places in each division will be rewarded. Note: The race director reserves the right to add or delete divisions and place awards according to entries received!

Race Sponsors: Key Bank, LeMaster Daniels, Columbia Colstor

Mail Registration To: Quincy Valley Chamber of Commerce PO Box 668 Quincy, WA 98848